

Lake Grace District High School NEWSLETTER #11

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Thursday 24th July 2025

Term 3 Upcoming Events

PJ Day-Foster Care Awareness Day Friday 25th July

P & C Meeting Monday 28th July @ 7pm

Year 5/6 Primary Netball Carnival in Katanning Friday 1st August

School Board Meeting
Tuesday 5th August
@ 7pm

RAC Road Safety Incursion Friday 8th August

Year 5/6 Open Class/ Assembly Thursday 14th August @ 2.10pm

Book Week Monday 18th-22nd August



Public School ReviewWednesday 20th August

Cultural Awareness Day Monday 1st September

Newdegate Field Day/ Pupil Free Day Wednesday 4th September

SCHOOL HOURS

Wednesday (early close)

8.45am—2.30pm

Monday, Tuesday, Thursday & Friday















NEWSLETTER #11

Lake Grace District High School

Interschool Cross Country Results

Lake Grace District High School INTERSCHOOL CROSS COUNTS 17th June 2025 RESULT

INDIVIDUAL RESULTS

Interschool Cross Country Place Winners		
	Year 4 Boys Runner Up Corbyn Trevenen	
Year 5 Girls Champion Kelsea Roukens		
Year 7 Boys Champion Darcey Pelham	Year 7 Boys Runner Up Bryce Carruthers	
	Year 7 Girls Runner Up Charli Bell	
	Year 9 Boys Runner Up Taj Trevenen	
Year 9 Girls Champion Dakota Pelham		
Year 10 Girls Champion Tiana Hobbins		

HANDICAP PLACING

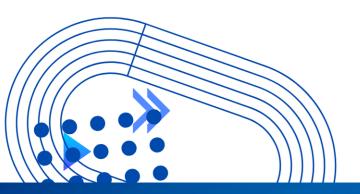
2025 Interschool Cross Country H <mark>andi</mark> cap Placings			
PLACE	SCHOOL	POINTS	
1	Lake Grace	1108	
2	Ravensthorpe	978	
3	Kojonup	601	
4	Gnowangerup	501	
5	Jerramungup	345	
6	Wagin	291	
7	Boddington	157	

RECORD BREAKERS

Interschool Cross Country Record Breakers				
Event Distance Record Holder New Tir				
Girls Year 5	2km	Kelsea Roukens	6:58:41	
Boys Year 7	3km	Darcey Pelham	9:40:19	
Girls Year 9	4km	Dakota Pelham	17:18:29	

OVER ALL PLACING

2025 Interschool Cross Country Overall School Placings			
PLACE	SCHOOL	POINTS	
1	Kojonup	505	
2	Lake Grace	476	
3	Ravensthorpe	376	
4	Jerramungup	250	
5	Gnowangerup	215	
6	Wagin	213	
7	Boddington	157	







Interschool Cross Country Photo Gallery



Message from The Administration Team

Term 2 Recap: Year 2/3 Assembly

Congratulations to Mrs Gooding and Mrs Livall on their well planned out assembly item last term. It is great to see the students confidence growing when performing in front of their peers. Well done to all the student achievement award winners and thank you as always, to the community for coming and supporting our students on assembly day.

Interschool Cross Country

On Friday the 27th June, a bus load of students headed to Kojonup to compete at the Interschool Cross Country

Carnival. It was a spectacular day with Lake Grace District High School coming home with a handicap win. Well done to all competitors who attended the day and to those who did particularly well either placing and/or breaking records! Thank you to event organisers who made the day possible!



NAIDOC Week

NAIDOC week celebrations started on Monday morning of week 10 term 2 with a Welcome to Country and smoking ceremony conducted by Mr Michael Ward from Hyden. Michael spent the day with our classes, providing some insight to our students of local indigenous traditions. Teachers incorporated indigenous themes into our students curriculums and it was a great way to learn about the indigenous traditions in the area.

School Grants

Congratulations to Amanda Trevenen for getting 2 sporting school grants, \$2650 and \$2050, this will go towards getting Maria Taylor and equipment needed for Athletics this term.

Tor Desmond has also won a \$5000 Healthways grant for holding The Resilience Project parent and community workshops, and the Lake Grace Shire has also generously added an extra \$500 towards this. So watch this space!!

Staff Success

It's important to celebrate the success of our staff and we would like to acknowledge Miss Claire Tynan for her recent Award of Excellence from Murdoch University. Miss T is currently studying teaching externally whilst working full time, achieving outstanding results in both areas. Well done Miss T, you are well on your way to becoming an amazing (qualified) teacher!

Staff Welcome

At the end of last term we welcomed Mrs Cornelia Van Graan, a new Education Assistant. Mrs Van Graan will be spending time in pre-primary and primary classes. We also welcome this term Mr Tim Zanotti our Deputy Principal for the semester and partner Ms Jacinda Clarkson who will be spending Monday's in the Kindy classroom as their Education Assistant.



On the holidays Year 6 students, Ammie Kemboi, Lily Stubberfield and Ryleigh Willock attended About Face Kids Camp. About FACE Kids is a choral day camp located in central Albany for children aged 9-14 years. Seventy-five children spend four days in the July School Holidays pursuing their love of singing in a safe, exciting and uplifting environment.

Three experienced vocal coaches share vocal techniques, and guide the choir through the nuances of ensemble singing. The superior repertoire will inspire and challenge the choir, and children learn how to follow a musical score as they sing in three- part harmony.







Message from The Administration Team Continued..

Congratulations

A huge congratulations to proud parents, Latisha (Miss M) and Shaye on the recent arrival of their beautiful baby boy Logan! We are so happy for you both and wish you well in your new journey into parenthood and cant wait for cuddles!

Term 3

Term 3 is going to be a very busy one, with the Year 9/10 students already on Careers Camp in Perth with Mrs Nenke. Keep an eye on out in the next newsletter to see what they got up to!

Next week the Year 5/6 students will head to Katanning to compete in the Primary School netball carnival on Friday the 1st of August with Mrs Trevenen. Best of luck to all students competing in what should be a fun day!

Please keep an eye on the planner, the latest updated planner is in each fortnightly newsletter.



Public School Review

This term LGDHS will undergo our scheduled Public School Review. This is a great way to identify our strengths and weaknesses to help determine and implement strategies to encourage positive growth and development in our school.

Farewell Mrs Desmond

Lastly, we would like to wish Mrs Desmond all the best for the remainder of the year which she is taking off on her long service leave. You will be sorely missed but deserve the well earned break!

₩SCHOLASTIC

Orders Due back by August 7th 2025

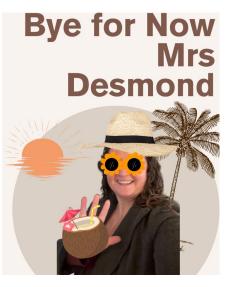


Hi everyone. Allow me to introduce ourselves, Tim Zanotti and Jacinda Clarkson. I will be filling in for Mrs Desmond for six months as the Deputy Principal and Jacinda will be working as an Education Assistant at the school. We are both very excited to get to know the staff, students, parents and the wider community.

We have just returned from taking a term off for Remote Service Leave having done a three-year tenure. I previously was a Principal in a small indigenous community on the tri-state border in the Ngaanyatjarra Lands. The work was challenging but also very rewarding. I have worked at a number of schools around the state including Kalgoorlie, Perth, Tjuntjuntjarara, Halls Creek and Wingellina.

We both have older children that reside in the Perth area, so the idea was to be closer to them as well as other family. In our downtime we like to explore new places, hang out with friends and family and watch a bit of sport.

We look forward to meeting you soon.







Triple P Parenting Workshops Term 3

Free online parent workshops: Term 3, 2025 Calendar

Facilitated by School Psychologist Consultants from the Department of Education WA

The Triple P and Child and Parent Centre teams are excited to offer a series of free, live online workshops for families.

What is Triple P?

The **Triple P - Positive Parenting Program** provides parents and carers with ideas and strategies to help children develop essential skills and behaviours for a healthy childhood. Learn more about Triple P on the <u>Education in WA</u> website. To register for face-to-face workshops, visit the <u>Triple P in WA</u> website and search for upcoming sessions by location. Parents can also access a range of self-paced Triple P Online programs for free.

What is a Child and Parent Centre?

Child and Parent Centres support families across WA through a range of early learning programs, maternal and health services, and child support activities. Visit Child and Parent Centres Western Australia to find centre locations and enquire about programs.

How to register

Workshop

Scan the QR code or <u>click here</u> to register for a workshop. You will receive email confirmation and a link to join, along with a reminder before the workshop. For the best experience, we recommend downloading the <u>Webex app</u> ahead of the workshop. Please note that these webinars are not recorded.



Date and Time

workshop	Dale and Time
Raising Responsible Teenagers (ages 10-16 years) A challenge for parents is knowing how to encourage teens to develop the skills they need to become independent. During this time, some conflict is normal, disagreements over discipline are inevitable and every parent has to develop their own approach. This workshop will cover six key ingredients to help teens become responsible young adults: taking part in family decision-making, being respectful and considerate, being involved in family activities, developing a healthy lifestyle, being reliable and being assertive.	Thursday 31st July 7.00pm – 9.00pm
Learning to use the toilet (toddlers and pre-schoolers) Teaching children to use the toilet independently can be challenging for	Monday 11th August 8.00pm – 10.00pm
parents. This workshop will provide tips on when your child may be ready, the skills needed to use the toilet, and some common behavioural issues related to using the toilet. This workshop is suitable for parents of children with neurotypical development and does not address any medical problems related to using the toilet.	Power Hour: Lunchtime Session (a condensed, impactful session designed for lunchtime learning) Thursday 14th August 12.00pm – 1.00pm
Raising Resilient Children (under 12 years) One of the most important tasks of parenthood is helping children learn to deal with their emotions. Children's emotional resilience, or ability to cope with their feelings, is important to their long-term happiness, wellbeing and success in life. This workshop will cover six key skills: recognising and accepting feelings, expressing feelings appropriately, having a positive outlook, developing effective ways of coping, being able to deal with negative feelings, and being able to manage stressful life events.	Monday 25 th August 8.00pm – 10.00pm



Triple P Parenting Workshops Term 3

Workshop	Date and Time	
Fear-Less: Supporting children with anxiety (6-14 years) Everyone feels anxious at times, even children and teenagers. But anxiety may cause distress and get in the way of life. This seminar will help parents to understand how anxiety works, how to manage your child's anxiety effectively and teach your child new coping skills.	Thursday 4th September 7.00pm – 9.30pm	
Screen smart: Healthy habits for a digital world (ages 4-10 years) Living in a digital age has benefits and risks for children and parents. Digital devices can be a source of fun, connection, entertainment and learning. This workshop gives some suggestions to help families	Monday 8th September 8.00pm – 10.00pm	
establish healthy screentime habits and respond to common screentime problems and is based on the Triple P tip sheet Healthy Screentime Habits.	Power Hour: Lunchtime Session (a condensed, impactful session designed for lunchtime learning) Thursday 18th September 12.00pm – 1.00pm	

In addition to the above series, some schools across the state are offering additional online workshops. These can be accessed through the separate registration forms below. Some sessions will be live-streamed from in-person events, while others will be delivered online. The facilitator will contact you directly with a link to join.

Workshop, date and time	Registration link
Stepping Stones Triple P: Positive Parenting for Children with a Disability (under 12 years) Tips to support parents of children with neurodivergence, disability or additional needs, focusing on an overview of positive parenting strategies.	Monday 4th August 9:30am – 11.30am Register here
Stepping Stones Triple P: Helping your Child Reach Their Full Potential (under 12 years) For parents of children with neurodivergence, disability or additional needs, focusing on how to teach your child new skills and help them thrive.	Monday 18 th August 9.30am – 11.30am Register here
Stepping Stone Triple P: Changing Problem Behaviour into Positive Behaviour (under 12 years) For parents of children with neurodivergence, disability or additional needs, focusing on tips for understanding and managing problem or harmful behaviour.	Monday 25 th August 9.30am – 11.30am Register here
Fear-Less: Supporting children with anxiety (6-14 years) Learn more about anxiety and how to help your child or teenager reduce worry and develop confidence and coping skills.	Monday 15 th September 9.30am – 11.30am Register here
	Wednesday 27 th August 5.00pm – 7.30pm Register here



P & C Update: Sarah Clarke

Dear LGDHS Community,

<u>Trivia Night Update</u>

As most of you are aware, we had to make the difficult decision to postpone our Trivia night during the holidays, unfortunately our timing for the event was off and we didn't reach enough ticket sales for the event to go ahead on the planned date. We understand the enormous effort it takes to coordinate all the items for an event of this size, so I would really like to thank Claire Crosswell and all the other P&C members who were involved in getting this event ready as planned, I'm sure this is just a bump in the road and things will come together for a later date this term.

Please look out for the new date for our Trivia Night.

Crown Raffle Update

While the Trivia night was put on hold, our Crown Raffle still needed to be drawn, what a fantastic team effort from Debb Carruthers, Claire Crosswell and Elise Carruthers to get the draw done in an official manner. A big congratulations to our winners Sam Argent and Aaron Carruthers and a massive thank you to Debb for putting in all the hard work to run this fundraiser, I know it was a push at the end to get those last tickets sold.

Catering Event

The P&C are catering for an upcoming Farmanco Event, being held at the Lake Grace CRC on Monday 4th of August, I am still waiting to hear about the final numbers of people attending and then I will be putting up a call out for food donations, hopefully in the coming days.

Canteen Volunteers Needed

Our canteen is running short on volunteers this term, so if you've ever thought about having a go, meeting new people or putting a smile on your children's face by volunteering in the canteen, we'd love to have you as part of the team.

The canteen is trialing using the SOBS booking system, which is the same system that was used for booking the parent teacher meetings last term and worked a treat.

The following link provides information on available dates for canteen volunteers. Interested individuals may select and book their preferred dates.

Best wishes.

Sarah Clarke | P & C President



Canteen Roster Term 3

28/7/2025	Sarah Clarke	Renae Willcocks	Simone Choi
4/8/2025	Elise Bell	Carey Higgins	Chloe McDougall
11/8/2025	Carey Higgins	Sam Argent	Tor Desmond
25/8/2025	Elise Bell	Kiah King	Tayla Stone
1/9/2025	Elise Bell	Chiara Carruthers	Carey Higgins
8/9/2025	Sarah Clarke		
15/9/2025	Nicola Kuchling	Pat	
22/9/2025	Teneeka Morgan	Chloe McDougall	Tayla Stone



Message from the Chaplain: Brodie Simmons

A warm welcome to all for Term 3... at least that way something will be warm! Today saw many students crowding into the Home Ec room for some warm mile and toast, with the added benefit of getting out of the freezing wind and rain. Last term, we finished off with pancake day. Always a (very) popular breakfast item, we cooked up just enough thanks to the help of the Year 9/10 cooking crew. Thanks again for your help!



In other news, YouthCARE is running their annual Art competition with great prizes for art submissions from Primary and Highschool Students up for grabs. The theme for Primary students is Trust and for Highschool, Valued. The judging criteria is for creativity, originality and connection to the theme. Entry is open until Friday 24th October 2025. Please see the links for more details.

Art Competition | Primary

Art Competition Secondary

Best wishes,

Brodie Simmons | Chaplain



PYJAMADAY PYJAMADAY

Gold Coin Donation

RAISING MONEY FOR THE PYJAMA FOUNDATION. THIS MONEY WILL GO TOWARDS THE LOVE OF LEARNING PROGRAM WHICH PROVIDES EDUCATIONAL SUPPORT TO CHILDREN IN FOSTER CARE



Lake Grace District High School Parent Planner | Term 3 2025

Please note: This Planner is subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	SAT	SU
							N
1	21 Student Development Day (No School) START OF TERM	22	23 Yr 9/10 careers camp	24 Newsletter	DA MA	26	27
2	28 P & C Meeting @7pm in Padley	29	30	31	Year 5/6 Primary Netball Carnival Katanning	2	3
3	4 PEAC testing	5 PEAC testing School Board Mtg	6 PEAC testing	7 Newsletter	8 RAC Road Safety Incursion	9	10
4	11	12	13	14 Yr 5/6 Assembly & Open Classroom	15	16	17
5	18 Book Week	19	20 Yr 7/8 Cadeł camp Dwellingup	21 Newsletter	22	23	24
6	25	26 Financial Literacy School Workshops Year 5-10	27 Financial Literacy School Workshops Year 5-10	28	29	30	31
7	1 SEPT Cultural Awareness day	2	3 SDD Newdegate Field Day	4 Stitch in Time (Yr 6) @ Kukerin PS Newsletter	5 PP Father's Day Morning Tea	6	7
8	8 Workplace Learning (Year 10)	9 Road Safety Incursion (Year 7/8)	10	11 Nat (LSL) K/PP Assembly & Open Classroom	12	13	14
9	15	16 Faction Jumps Day	17	18 Faction Athletics Carnival Newsletter	19	20	21
10	22	23	24	25	26 END OF TERM	27	28
	Countryweek						