



Lake Grace District High School

NEWSLETTER #5

Phone: (08) 9865 4500 Address: 1 School Place, Lake Grace, W.A, 6353
Email: lakegrace.dhs@education.wa.edu.au

Thursday 3rd April 2025

Term 1 Upcoming Events

**Lots of Socks Day For
Down Syndrome**
Friday 4th April

Highschool Assembly
Thursday 10th April
@ 2.10pm

Easter Hat Parade
Friday 11th April
@ 9am

**Applications for
Secondary Assistance
Scheme Close**
Friday 11th April

Last Day of Term 1
Friday 11th April

School Holidays
Saturday 12th April–
Sunday 27th April

**School Development
Day**
Monday 28th April

**Students Return to
School for Term 2**
Tuesday 29th April

SCHOOL HOURS

Wednesday (early close)

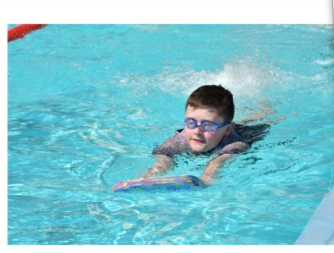
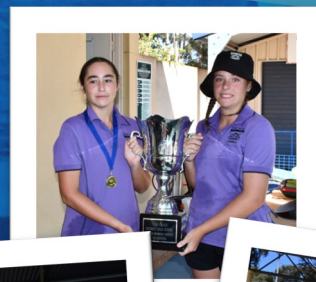
8.45am—2.30pm

**Monday, Tuesday, Thursday &
Friday**

8.45am—3.00pm

Faction Swimming Carnival

Friday 21st March 2025





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Faction Swimming Carnival Results



Faction Swimming Carnival Results

Friday 21st March 2025

Category	Champion	Runner-Up
Girls 9yo	Molly Duckworth	Brooke Newton
Boys 9yo	Corbyn Trevenen	Emmett Kuchling
Girls 10yo	Lily Stubberfield	Kelsea Roukens
Boys 10yo	Hunter Bell	Jed O'Neill
Girls 11yo	Matilda Duckworth	Ammie Kemboi
Boys 11yo	Heath Lewis	Braxton Roukens
Girls 12yo	Charli Bell	Amelia Pitcher
Boys 12yo	Darcey Pelham	Max Stubberfield
Girls 13yo	Evangaline Tzortzis	
Boys 13yo	Jaycob Trevenen	Mason Newton
Girls 14yo	Paige Trevenen	Dakota Pelham
Boys 14yo	Taj Trevenen	
Girls 100m Freestyle 12 & under	Matilda Duckworth	
Boys 100m Freestyle 12 & under	Max Stubberfield	
Girls 100m Freestyle 13 & over	Paige Trevenen	
Boys 100m Freestyle 13 & over	Taj Trevenen	
Sportsmanship Award	Layla Fleay	

Place	Team	Points
1st	Hawks	377.5
2nd	Eagles	357.5
3rd	Falcons	247

Interschool Swimming Carnival Results



Interschool Swimming Carnival Results

Friday 28th March 2025, Ravensthorpe

Category	Champion	Runner-Up
Boys 9yo	Corbyn Trevenen	
Girls 10yo	Lily Stubberfield Kelsea Roukens	
Boys 10yo	Hunter Bell	
Girls 11yo		Matilda Duckworth
Girls 12yo		Charli Bell
Boys 12yo	Darcey Pelham	
Boys 13yo	Jaycob Trevenen	
Girls 14yo	Paige Trevenen	
Boys 14yo	Taj Trevenen	
Girls 15yo	Dakota Pelham Rebekah Pawsey	



Place	Team	Points
1st	Lake Grace	356
2nd	Ravensthorpe	251
3rd	Gnowangerup	231
4th	Jerramungup	164



Interschool Swimming Carnival

Interschool Swimming Carnival

Friday 28th March 2025, Ravensthorpe



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Message from Administration

Dear Parents & Families,

Welcome to the final newsletter for Term 1 and what a whirlwind it has been. Thank you to all the staff and students for their hard work and dedication to this term to ensure the successful outcomes we have seen were achieved. Thank you to parents and the wider community for your ongoing support with your children and school. I would like to take this opportunity to wish you all a safe and restful holiday break, filled with all things that make your family time extra special.

The last half of this term has been a very busy and very successful one! Well done to students who participated in the Swimming Carnival and the Interschool Swimming Carnival. What a success both days were with Hawks taking home the cup in the Faction Carnival and LGDHS bringing home the Cup from the Interschool Swimming Carnival in Ravensthorpe!

We have had some incredible excursion opportunities, with the Highschool group attending the Illuminate Education Workshop and the primary school classes visiting the St John Sub Centre, both excursions educating our students in important life skills.

Yesterday our students wore blue to raise Awareness for Autism Acceptance Day and tomorrow we are wearing crazy socks as we are celebrating World Down Syndrome Day. We can not be experts in everything, but participating in special days like this help us to expand our knowledge to have a better understanding of the unique strengths and challenges people can endure when living with neurodiversity.



SDD

Reminder that Monday 28th April is a School Development Day. Staff of LGDHS will be completing their First Aid certificate, which will be a wonderful attribution to our staff, our students and wider community. We look forward to seeing students back at school on Tuesday.

Medical Plans

If your child has any medical conditions, please update the front office ladies so they can update your child's student records. In the case of asthma, even viral or seasonal, it is important we have a record of this important information.

The medical plans that your child has, need to be updated annually, therefore you will hear from the front office staff requesting that an updated form be supplied by your doctor should it be expired. Please try to get this back to us soon so that we can ensure your child receives the best and most appropriate care. Should you have any enquiries, please contact the school.

**No Breakfast Club
Thursday 10th April**



Apologies for any inconvenience.
Breakfast Club will resume as normal next term.



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Message from Administration

Local Excursion and Viewing Consent

These forms have been sent home this week and cover our local area excursions around the townsite, to the sub centre, pavilion, etc. This means when we incorporate our educational visits around town your child is able to attend. The viewing consent is to gain permission that your child is able to view PG (Parental Guidance) content at school. You should be notified should there be any other ratings of content being viewed by your child and permission sought, with an explanation as to why.

Should you have any enquiries, please contact the school.

Uniform Policy

Please note the school board has revisited and endorsed the LGDHS uniform policy and as of Term 2 the policy will be stringently facilitated by staff with students and parents being notified of any breaches. The Uniform Policy has been forwarded to all families earlier today. The discussions that were a priority with the school board were the length of school shorts being worn. The description for this is now clear, that they need to be the length of your finger tips when your hand is placed by your side (see picture right). This is applicable to all students - both male and female.

As per our LGDHS Whole School Positive Behaviour Policy, students will receive 3 warnings before receiving a 'strike' towards losing their Good Standing. Other notable current concerns are excessive and bulky jewellery, see excerpt below from our policy.



School Uniform | Primary & Secondary (K-12):

- School polo shirt.
- Faction polo shirt.
- Skirt or skort, black.
- Shorts, black. Plain shorts only - no logos or stripes.
- No leggings, bike shorts, football shorts or active wear without skirts or shorts worn over the top.
- Track suit pants, black. Plain pants only - no logos or stripes.
- School polar fleece jumper.

School windproof jacket. (High School)

****** All skirts, skorts and shorts need to be at or below index finger when student's hands are placed by their sides, this is applicable to both male and female students ******

Standards:

For the health and well-being of all students it is necessary that all students are clean and well-groomed including clipped fingernails and long hair tied back.

Permitted Exceptions	Not Permitted (unless listed in permitted exceptions list)
<ul style="list-style-type: none">• Studs or sleepers for pierced ears• Small studs only for noses• Watches• Cultural/religious/medical jewellery	<ul style="list-style-type: none">• Jewellery• Body piercings• Cosmetics (make up)• Nail polish and extensions• Coloured or dyed hair

Best Wishes

LGDHS Administration



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Message from P & C President: Sarah Clarke

Dear Lake Grace Community,

This week, the P&C held another fantastic meeting that was brimming with fresh ideas. The room was buzzing with creative thoughts as we brainstormed exciting plans to revamp the canteen and kick-start some fun fundraising initiatives. Thanks to the amazing turnout, we were able to lay out some exciting plans that we're thrilled to share with you. Keep an eye on the newsletter and our Facebook page for updates on these exciting changes and upcoming events – there's a lot to look forward to!

Blue Light Disco

Get ready for a fantastic time at the upcoming Blue Light Disco! We've got the menu all set, and it's going to be a blast. Just a quick heads-up – this will be a cash-only event, so make sure to check out the menu below and send your kids along with some money. We're all set for a night of fun, and we can't wait to see everyone there!

Canteen Update

Our new canteen coordinators are on fire with a tonne of fresh and exciting ideas for the canteen. We can't wait to see them unfold, but, here's where we need your help! We want to know what yummy food you'd love to see on the menu, so the team is putting together a survey to gather all your thoughts. Keep an eye out for it on our school and P&C Facebook pages in the next couple of weeks – your input is super valuable, and we'd love for you to share your ideas with us.

A huge thank you to all the wonderful parents and community members who volunteer their time to help in the canteen – we literally couldn't do it without you! However, to ensure we're following all the safety guidelines for food service, we ask that volunteers complete a free Food Safety Handling Course provided by the Shire. It's quick, easy, and free when you use the special discount code! Simply follow the link below, enter the code, and once you've completed the course, you're good to go – no need to repeat it.

How to complete the course:

Visit: [FoodSafe Course](#)

Use the code "FSLAKEG330" on the payment page to receive a \$35 discount.

Once you've completed the course, you'll get a printable certificate, and that's it – you're all set!

Next P & C Meeting

The next P & C Meeting will be the 28th April at 7.00pm in the Padley Room.

Kind Regards

Sarah Clarke | P & C President



Download the *flexischools*
app to get started today!

LGDHS P&C
disco canteen

SAUSAGE SIZZLE BUN	\$5
CHIPS	\$3
LOLLY BAG	\$3
SOFT DRINK	\$3
WATER	\$2
ZOOOPER DOOPER	\$2

CASH ONLY

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Message from the School Nurse: **Kate Furphy**

Dear Lake Grace Community,

Measles

There have been a number of cases of measles reported in Western Australia in the last month. As the school holidays are fast approaching and travel is inevitable please be vigilant. For more information on this highly infectious disease and alert notice, please follow the link below:

[Metropolitan Perth and South West measles alert](#)

Gastroenteritis

Gastroenteritis, or 'gastro' is a common condition in children of all ages. It occurs when the bowel is infected by a virus or bacteria. Symptoms include diarrhoea, vomiting, stomach cramps and sometimes, fever. Gastroenteritis, or 'gastro' is a common condition in children of all ages. It occurs when the bowel is infected by a virus or bacteria. Symptoms include diarrhoea, vomiting, stomach cramps and sometimes, fever. Most cases in children are not serious, but it is very important to make sure that a child with gastro **receives enough fluid**.

If your child has gastro, keep them away from school for 24 hours after vomiting and diarrhoea have stopped. If symptoms persist see your family doctor.

The easiest way to prevent gastro is to make sure everyone in the family **washes their hands regularly**, especially before eating and after going to the toilet.

For more information go to <http://www.public.health.wa.gov.au/2/597/2/gastroenteritis.pm>

Kind Regards

Kate Furphy | School Nurse

Message from the Mrs Livall, Mrs Gooding and the Year 2/3's

On Friday the 28th March, Mrs Bambling, Mrs O'Neill and the high school students visited the Year 2/3 students to listen to their "super worm" narratives and help type up their stories.

The high school students loved all the very imaginative stories that the Year 2/3 students came up with and of course, the Year 2/3's LOVED getting the undivided attention of the high school students.

Once the stories were complete, the students drew a picture together which are displayed in the pictures to the right.

On the following pages, the Year 2/3's have drawn self portraits as part of a resilience project activity. Students were asked to practice mindfulness to draw: something they are looking forward to, a memory that made them laugh and something that they are grateful for.

It is really special to see their beautiful answers and get a little insight to the little things that make them happy!



The Resilience Project with Mrs Livall, Mrs Gooding and the Year 2/3's

RESILIENCE PROJECT

Emotional Intelligence

With Mrs Gooding, Mrs Livall and The Year 2/3 Class

Connections



Perspective



Purpose, Values & Strengths

Energy Management

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The Resilience Project with Mrs Livall, Mrs Gooding and the Year 2/3's

Emotional
Intelligence

RESILIENCE PROJECT

Connections

With Mrs Gooding, Mrs Livall and
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Perspective



Purpose, Values
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The Resilience Project with Mrs Livall, Mrs Gooding and the Year 2/3's

RESILIENCE PROJECT

Emotional
Intelligence

With Mrs
Gooding, Mrs
Livall and The
Year 2/3
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Connections



Energy
Management

Purpose, Values
& Strengths

Lots of Socks Day!

**..LGDHS PRE-PRIMARY ARE HOSTING..
LOTS OF SOCKS
FOR**

World

DOWN SYNDROME

04 APRIL 2025

Day

What

**Wear your crazy, brightest
and most interesting socks to
show acceptance of all our
differences.**

Why

**Gold coin donation- all funds
going to Down Syndrome
Western Australia**



**“Socks come in all shapes,
sizes and designs, just like
each of us. We need to
accept everyone’s
differences, as that is
what makes us unique
and special”**

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Online Safety Course

Thank you to the Kukerin P&C and the Kukerin Community Health Auxiliary for supporting this great community initiative



Safe4Kids
We all have the right to feel safe all of the time

Would you know what you'd do in a situation where your child's friend disclosed information about abuse? Have you ever considered what to say in the case of another child showing yours pornography?

Often parents don't want to think about dealing with a situation like this. It's scary and they hope it won't ever happen to their child.

What would you do?

Are you confused about how to teach your children to be wary of potential harm, without overloading them with fear, wrapping them in cotton wool, or giving them so much information that their innocence is damaged? Would you know what tried and true steps to take in the event a situation occurred?

Come along to this Protective Education Workshop

Protective Education is a proactive whole community approach to teaching life skills to children. It gives them the language to identify unsafe situations, arm them with tools to seek appropriate assistance or protect themselves.

Date: **Monday 7 April 2025**

Time: **12.30pm start**

Venue: **Kukerin Primary School**

RSVP: **deborah.doney@education.wa.edu.au**

Everyone is welcome to attend this very informative presentation

Two Themes of Protective Education:

"We all have the right to feel safe all of the time."

"We can talk with someone about anything."

Protective Education Concepts:

Theme reinforcement	Safety Continuum	Networks
OK to say "No"	Secret Enablers	Protective interrupting
Yes/Safe/Comfortable feelings and No/Unsafe/Uncomfortable feelings	Risking on Purpose	Persistence
Three Safety Questions	Cyber Safety	One-step removed
Secrets	Early Warning Signs	Public and Private
	Network review	Problem-solving

There will be books and resources available for purchase at the workshop.



Contact Holly-ann Mobile 0422 971 189 Phone [08] 9497 7685 E-mail holly-ann@safe4kids.com.au



Lake Grace District High School

Parent Planner | Term 1 2025

Please note: This Planner is subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	SAT/SUN
	27 JAN PUBLIC HOLIDAY AUSTRALIA DAY	28	29 Admin Commence	30	31	1/2 FEB
1	3 SDD START OF TERM Teachers Commence	4 SDD	5 Students Commence	6 Newsletter	7	8/9
2	10	11	12 9.00 Student Council Speeches / Voting	13	14	15/16
3	17 Swimming Lessons	18	19 Class Meetings	20 Pre-Primary Newsletter Shared Assembly/ Class Meetings	21	22/23
4	24 Swimming Lessons P&C Meeting 6.30pm	25 School Board Meeting 7pm	26	27	28	1/2 MAR
5	3 PUBLIC HOLIDAY LABOUR DAY	4	5	6 Kindy Newsletter Careers Taster Yr 8-10	7	8/9
6	10	11	12 NAPLAN Starts	13	14	15/16
7	17 NAPLAN	18	19	20 Yr 1/2 Newsletter Harmony Day	21 Faction Swimming Carnival	22/23
8	24 NAPLAN Finishes	25	26 Yr 7 & 10 Immunisation	27	28 Interschool Swim Carnival @ Ravensthorpe	29/30
9	31 P&C Meeting @ 7pm in Padley	1 APR	2	3 Illuminate The Day H/S excursion Yr 2/3 Newsletter	4 Odd Sock Day World Down Syndrome Day	5/6
10	7	8	9	10 High School Assembly	11 Easter Hat Parade END OF TERM	12/13



Lake Grace District High School

Parent Planner | Term 2 2025

Please note: This Planner is subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	SAT	SUN
1	28 SDD START OF TERM	29	30	1 MAY	2	3	4
2	5	6	7 Year 5/6 Camp	8	9	10	11
3	12	13	14	15 Highschool GS Netball carnival Albany	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28 Year 7/8 Cadet Camp	29	30	31	1 JUNE
6	2 PUBLIC HOLIDAY WESTERN AUSTRALIA DAY	3	4	5 RAC Road Safety Incursion	6 RAC Road Safety Incursion	7	8
7	9	10	11 Year 8/9/10 Cadet Challenge Camp	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27 INTERSCHOOL CROSS COUNTRY TBC	28	29
10	30 NAIDOC WEEK	1 JULY	2	3	4 END OF TERM	5	6